

Alpine Canada Masters 2022 Newsletter Archives

Welcome to the 2022/23 Ski Season

Welcome to the 2022/23 ski season. Many of you have been on snow for weeks but here in Ontario we are just opening up; our unseasonably warm fall did not lend itself to snow making until recently.

Highlights for this season are:

- The <u>race notice</u> is out for the FMC & CMAC being held from 8-10 February 2023, in Kimberley, BC.
- The Georgian Peaks Club is hosting the Super GP Classic (SG x 2) on Friday, 10 March 2023, and the Ontario Masters' Championships (GS & SL) on Saturday, 11 March 2023. The race notice is forthcoming as soon as the details have been worked out.
- The full national <u>race calendar</u> is up-to-date as of today's date.

I would like to take this time to thank the entire Masters' Committee for their passion and dedication to Masters' ski racing. Our calendar would not shape up without your deep commitment and untold hours volunteering to make everything come together.

Here's hoping for continued cool weather and a great ski season.

Happy Holidays.

Dave Nighswander | President

Published 2022/12/23 at 9:27 pm

Alpine Canada Masters Create a Governance Document

Over the last year or so, your Masters' National Committee has been hard at work creating a comprehensive <u>Governance</u>, <u>Policies and Procedures</u> document outlining all aspects of Masters' racing in Canada. This is your "go-to" document explaining how our Organization works, race practices, CMAT selection criteria, guide for CMAC organizers and much, much more..... <u>Check</u> out the document and let us know what you think.

Note: See Section 23 for the process to make changes to the document.

Jaime Hugessen | Eastern Canada Director

Published 2022/11/23 at 2:33 pm

QC Early Bird Deadlines to Purchase 2022/23 National or FIS cards

Calling all QC Masters:

The winter and ski races will soon be at our door and it's time to think about signing up for your Master's National card or Master's FIS card for the 2022/23 season. In order to purchase either card, you will need to create an athlete's profile on the <u>SQA website</u>.

Master's National: Early Bird = \$176 before 12-Nov-22 In-season = \$195 on or after 12-Nov-22 **Master's FIS:** Early Bird = \$225 before 1-Jan-23 In-season = \$280 on or after 1-Jan-23

Again for this season, in order to purchase a Master's National card or Master's FIS card, you will first have to join one of the ski clubs in Quebec which have created a Masters' program approved by SQA. At this time, only the Owl's Head Ski Club has received approval from SQA; you will be notified each time an additional ski club receives approval from SQA.

The Owl's Head Ski Club (OHSC) website has been updated with all the information on their two Masters' programs being "Complete" and "Affiliated". The Masters' Affiliated program is aimed at Masters who live too far from Owl's Head to take advantage of any of the in-club training programs designed for Masters.

Visit the Owl's Head Ski Club website and from the Programmes drop down menu, select Catégories; scroll down to Programme des Maître (30 ans et plus) and then expand on the Maîtres Affiliés section. To apply for membership, select Devenir athlete at the bottom of the page; a new page opens displaying the steps to follow in order to obtain approval to join the club veuillez envoyer une demande par courriel en incluant les informations suivantes. Once you have been notified of your approval to join OHSC, the email explains how to complete your registration and make payment at a cost of \$250. Note: On most of the pages of the OHSC site, there is a specific section for the Masters' Affiliate program and for the Masters' Complete program. Also, it is no longer necessary to contribute 1-day of volunteering to the OHSC, as a condition for your Masters' Affiliate membership.

Only after you have been confirmed as a member of the <u>Owl's Head Ski Club</u>, can you then indicate in your SQA profile that you are now affiliated with OHSC. SQA will notify you by email that the process is complete and that you can proceed with the online purchase of your Master's National or FIS card, using the SQA website.

Note: The purchase of the Master's FIS card requires you to download the FIS Athlete Declaration Form and the optional, but strongly recommended, Medical Evaluation Form, from the <u>SQA</u> website. After downloading, you can fill in, scan and upload these document(s) to your profile.

The approval of ski club membership and purchase of SQA race card, plus updates to the <u>ACA</u> and <u>FIS</u> websites all take time, so you are encouraged to act quickly so that you will be able to register for your chosen races on time.

Not required as a condition for a Master's card purchase, but still highly recommended, is the purchase of ski racing accident insurance (including repatriation) for times when the athlete is racing OUTSIDE of Quebec. Masters can purchase insurance, such as the PAAS (SAIP) class 3 policy (Canada only) at a price of \$77.39 through <u>SQA</u>.

For any questions concerning the SQA website, contact Yanique on 514-252-3089, extension 3715, or at sqa@skiquebec.qc.ca (attention: Yanique Verne).

Alpine Canada Masters | 2022 Newsletter Archives

Please note that the third ever **Eastern Canada Masters' Championships** will be held from 23-26 February 2023, in Stoneham, Québec, requiring a Master's National, FIS or Weekend card to participate. Note: Racers who live in Québec can no longer purchase a weekend card when registering for the races as weekend cards are no longer sold by SQA; weekend cards from other provinces will be acceptable.

Also note that the **Canadian Masters' Alpine Championships** (CMAC) as well as the **FIS Masters Cup** (FMC) will be held from 8-10 February 2023 in Kimberley, British Columbia, requiring a Master's National, FIS or Weekend card to participate. Racers who do not care about FIS points can still enter any Kimberley race with only a Master's National or Weekend card.

However, when you purchase your racer's card, we recommend you opt for a Master's FIS card over a Master's National card for the following reasons:

- For every Master's FIS card purchased, Alpine Canada Masters receive \$10 from ACA, but for every Master's National card purchased, only \$5 is received.
- At Kimberley, racers with a Master's FIS card will start in each FIS race in their age category before racers holding a Master's National or Master's weekend card.
- You will receive a certificate from FIS attesting to your world ranking in your age category after completing a minimum of six Masters' FIS calendar races during the season.

Ages 18-30: You must be 30 years or older on 31 December 2022 to obtain a Master's FIS card but only 18 to obtain a Master's National or Master's weekend card.

Racers who wish to participate in any Masters' FIS races outside of Canada require a FIS Masters card.

Lewis Heilig | Québec Masters' Representative

Published 2022/11/03 at 8:09 pm

Alpine Canada Masters' Tribute to Rolf Hauge

We have truly lost a legend from the global alpine Masters' community; below are just a few of the tributes to Rolf and his legacy

Denyse Houde: I'm sorry to let you know that Rolf passed away peacefully Tuesday, 30 August 2022, with his son Stein at his side. Born 1 September 2019, Rolf had become one of Canada's most widely admired and inspiring Masters' racer. He will be missed.

Rolf became one of Canada's most widely admired and inspiring Masters' racer. He was a humble man who loved competing, traveling and the company of other racers. He was an accomplished Master racer in Nordic and Biathlon before switching to Alpine racing in 1986. Rolf relentlessly pursued excellence in his newfound passion and won countless national and international championship races in Canada, the United States, Europe and South America. He competed well into his nineties before his knees forced him into retirement. Rolf was a truly remarkable individual and a tremendous role model for athletes of any age. His legacy will live on.

Alpine career highlights:

1990 CMAC, Whistler BC (won his first national gold medals)

1997 FIS Masters' Criterium, Copper Mountain USA (won his first gold and silver FIS medals with 14 racers in the 75-79 age category)

2006 First Canadian male to win a FIS Masters' Cup Globe (85-89 age category)

2008 Canadian Masters' Hall of Fame inductee

2010 First ever World Winter Masters' Games, Kranjska Gora SLO (2 golds and 1 silver 90-94 age category)

Lloyd Sevack: Sad, but what a life and legacy. I may have met Rolf at a race in Ontario earlier, but my fondest memory was in 2010 at the World Winter Masters' Games, held in Kranjska Gora, Slovenia, when I believe Rolf was in his early 90s, competing, and yes, he had a Swiss competitor in his age group whom he seesawed with in the results.

One evening while we were at dinner, I asked Rolf if he still had his driver's licence. He scoffed at the notion, adding that he recently bought a new truck. Now knowing this guy was a rock star, I asked him if he ever went on big ski trips with it. To this he replied something to the effect of, "yes, I went out west, I skied the Canadian Rockies, then down into the US, to continue in Wyoming, Idaho, and Colorado over six weeks, but that was a long time ago". I asked how long, and he replied "probably close to 10 years now". That is Rolf, road-tripping at over 80, alone, across North America. From what I knew of Rolf, he marched to his own drum, one that we'd all be proud to resonate with. Good to have known you Rolf, even this little bit.

Shayna Guant: I remember Rolf as the wise one who once said, "You don't need to be good at ski racing, you just need to outlive your competition!" Words to live by. I tell everyone this story. He truly is an inspiration. And to think, he stopped ski racing because he fell off his roof and hurt is back, not because he got injured racing. And what was he doing on his roof anyways in his mid-nineties??!!!! Age is all in your mind for sure!

Wendy Fursey: I believe he fell off his roof in his eighties and still kept racing! He was a huge inspiration to all Masters and a legend we all loved to brag and talk about. It looks like he was two days shy of his 103rd birthday. WOW! An amazing legacy he has left behind. (Reply from Shayna Gaunt: He was 93 when he fell off his roof. That's what ended his ski racing career. I still tell people that story. Mid-nineties and on his roof!!! A true inspiration!)

Margrie (Mickey) Wallace: Rolf showed us that no matter your age, skiing is like having wings. He would fly by many in competition, yet showed sportsmanship and gave encouragement to help others rise to their best. I recall being on the Masters' Committee when we voted to create a new 90+ age category to pay tribute to his continued commitment – and that he still put down a great time!!! A Master's legend, inspiration and a gentleman.

Pierre Bégin: Sad to hear that. I hope I can ski and race for as long as he has done. I had lot of respect for him and he was my inspiration to continue ... As Wendy says, he was a **HUGE** inspiration to all, an inspiration with an **A+** ie Rolf **HA**uge.

Judi Sheppard: I will always remember Rolf for his many fine qualities. He was an exceptional athlete and an excellent skier who was dedicated to Masters' ski racing. He reminded us that age is just a number and we should never let age stand in or way or slow us down from doing the sports we love.

Dave Nighswander: Rolf picked up alpine ski racing at the young age of 67. He was an accomplished Nordic and Biathlon racer before becoming one of the most outstanding Masters' alpine racers. When Rolf was in the 85+ age categories, new Masters' racers who met Rolf for the first time, started the race day thinking it was inspiring that he was still racing. That was until they saw him in the race course and realized how good a racer he was. Rolf RACED, he was not out for a pedestrian stroll down the course. Suddenly the new Masters thought process changed to 'Can I beat him?' and that in itself was a challenge. Rolf, thank you for your inspiration. I will miss you.

Link to gallery of photos: Rolf_Hauge_Tribute_Photos

Published 2022/09/10 at 9:15 pm

2023 CMAT Announcement

As we pass Christmas in June, we are more than half way back to the start of the ski season! 2022 had its COVID challenges, but 2023 is looking very positive at this time. We are already starting to fill the 2023 calendar with tentative and firm race dates – more on those dates to follow in July.

2022 had a fairly full slate of races topped off by the FMC and CMAC races in February, in Stoneham QC. CMAC now switches to the West for 2023 and 2024. Several of our athletes attended various FIS Masters' events around the globe including the FIS World Criterium Masters in Switzerland. It is always great to be outdoors attending a ski race and perhaps COVID has shed a stronger light on the pleasures of active outdoor life.

It is a pleasure to announce the 2022/23 CMAT; racers who strive to obtain a spot on CMAT do so for their own individual and personal reasons. However, each member of 2023 CMAT is to be commended on their participation and results.

Congratulations to the following Masters who met the criteria and had the top points within their age categories!

F 65-69 COLLINS Irene AB F 60-64 SUNDBERG Hannele AB F 55-59 WOHLBERG Cynthia AB F 50-54 ZAELS Yvea AB F 45-49 SMITH Melanie ON F 40-44 ALLAIRE Martine * QC

M 75-79 CATER Pavel ON
M 75-79 IBLE Keith AB
M 70-74 LANGMAID Bob ON
M 65-69 RENAUD Vincent QC
M 65-69 ROBBINS Mike * ON
M 60-64 HUGESSEN Jaime ON
M 60-64 SEVACK Lloyd * QC
M 55-59 RICARD Stephane * QC
M 55-59 VANHAUWAERT Dirk ON
M 50-54 SHAWYER Scott ON
M 45-49 WALKER David ON
M 40-44 MCBRIDE Tyler ON

Dave Nighswander | President

Published 2022/07/22 at 8:41 pm

^{*} Participated in a minimum of five FIS Masters' races outside Canada.

Canadian Masters make a Splash on the 2021/22 FIS Masters' Cup Circuit

The 2021/22 FIS Masters' Cup (FMC) season was recently concluded in Abetone, Italy; in total there were 27 Canadians who participated in the series, including 8 who raced internationally.

The first season highlight was Stéphane Ricard's performance, making history as the first Canadian to win the Crystal Pillar for overall, in the A category (men under 60), as well as a Crystal Globe for third in the men A6 55-59 category. Stéphane had a truly spectacular season, participating in 35 FMC races (29 international + 6 home), achieving 22 podium finishes. His race schedule took him to 8 different countries including Canada, United States, Italy, France, Switzerland, Austria, Slovakia and Slovenia.

The next season highlight was Martine Allaire's performance with second place in the women C3 40-45 category, earning a Crystal Globe. Martine competed in 18 FMC races (12 international + 6 home) achieving 18 podium finishes (13 gold & 5 silver).

Another highlight from the season included Mike Robbins' performance. Mike competed in 19 FMC races (13 international + 6 home), achieving 15 podium finishes and coming very close to winning a Crystal Globe, in the men B8 65-69 category.



Other competitors who raced internationally this year include Lloyd Sevack (men B7 60-64) who competed in 8 international + 6 home races (5 podium finishes), Ed Fenwick (men B10 75-79) who competed in 5 international races (1 podium finish), David Star (men A6 55-59) who competed in 3 international + 6 home races (1 podium finish), Jaime Hugessen (men B7 60-64) who competed in 2 international + 6 home races (6 podium finishes) and Daniel Oehy (men B7 60-64) who competed in 2 international races.

The popularity of FMC racing seems to be on the rise. Overcoming COVID related lockdowns, this year Canada was able to host six FMC races at Stoneham Quebec, attracting a total of 25 Canadians, and 11 international racers from Chile, France, Italy, Switzerland and USA.

Canada is scheduled to host a FMC out West next season, and hopefully followed by hosting the World Criterium event in the 2023/24 season. Stay tuned for further announcements . . .

Jaime Hugessen | Eastern Director

Published 2022/03/22 at 6:27 pm

Last Chance to Register & Race this Season

The <u>registration</u> deadline for the 2022 Ontario Masters' Championships is **12 noon tomorrow, Wednesday, 23 March 2022**.

The hill at Devil's Glen is in great shape with a solid base even after the warm weather of the last few days. Let's bash some gates!

Note: "Out of ON Province" cardholders must request a different registration form by replying to this email.



REGISTRATION DEADLINE
WEDNESDAY, 23 MARCH 2022, 12 NOON

Dave Nighswander | President

Published 2022/03/22 at 6:27 pm

Registration Deadline for 2022 Ontario Masters' Championships

The registration **DEADLINE** is **Wednesday, 23 March 2022, at 12 noon**, for the <u>Ontario Masters'</u> <u>Championships</u> being held on Sunday, 27 March 2022, at <u>Devil's Glen Country Club</u>, with a 2-run giant slalom in the morning and a 2-run slalom in the afternoon.



REGISTRATION DEADLINE WEDNESDAY, 23 MARCH 2022, 12 NOON

The cost is \$85 for two races and \$65 for one race, including a lift ticket. You will be able to purchase an AOA weekend-event competitor card during <u>registration</u> as this is an AOA sanctioned event.

Don't delay and register today as a minimum of 40 entries is required to proceed with the event.

See you at the Ontario Masters' Championships!

Shayna Gaunt | ON Masters' Representative

Published 2022/03/19 at 5:02 pm

2022 Ontario Masters' Championships

The <u>race notice</u> is out for the ON Masters' Championships on Sunday, 27 March 2022, at <u>Devil's Glen</u> <u>Country Club</u>, with a 2-run giant slalom in the morning and a 2-run slalom in the afternoon.



The cost is \$85 for two races and \$65 for one race, including a lift ticket. Guest lift tickets are available at a cost of \$35 purchased at the ticket window.

As this is an AOA sanctioned event, all racers must hold a current Master's National or FIS or Weekend Event competitor card; competitors must be registered on <u>AlpinePoints.ca</u> except for weekend event cardholders or US competitors. You will be able to purchase an AOA weekend-event competitor card when <u>registering</u> for the event on SnowReg.

The entry deadline is noon on Wednesday, 23 March 2022, with a minimum of 40 entries required to proceed with the event.

Masters' World Cup Points: Canadian Masters' <u>World Cup Points</u> are awarded for combined times of both the GS and SL races.

Masters' Swag: Ski straps, PVC patches, screen-printed neck warmers and shot glasses, with the current Masters' logo, will be available for purchase during online <u>registration</u> as well as for purchase at the event.

See you at the Ontario Masters' Championships!

Shayna Gaunt | ON Masters' Representative Published 2022/03/12 at 1:32 pm

Stoneham 2022 Online Auction

Whether it's due to COVID-19 or a sign of the times, the auction held at the annual Canadian Masters' Alpine Championships is moving online in 2022. The <u>online auction</u> has an amazing list of donated items from race suits to ski camps to world cup skis – it's all there for your bidding. A couple of things to keep in mind about the auction:

- 1. Please visit the websites of our sponsors listed with each auction item; we thank them kindly for supporting us and being so generous.
- 2. Auction opens Monday, 7-Feb-22, 9 am EST and closes Saturday, 12- Feb-22, 8 pm EST.
- 3. The anti-sniping feature has been enabled meaning there is always 3 minutes added to the closing time for an auction item after a bid; this means that if a bid comes in at 7:59:59 pm, the closing time for that auction item will get extended to 8:02:59 pm to give previous bidders a chance to rebid.
- 4. Auction items will be available for pickup at Stoneham on Sunday, 13-Feb-22, otherwise we can make arrangement to ship winning items at the winner's cost. Items will also be available for pickup in the Collingwood area, a week after the auction. Lastly, we will try to make similar arrangements for items going to Calgary.
- 5. Payment can be made by cash, cheque or eTransfer to david.nighswander@sympatico.ca.

 We are also making arrangements for Visa, MasterCard, Stripe and PayPal although these methods will cost us a 3% processing fee so we ask that you use cash, cheque or eTransfer where possible.

Dave Nighswander | President

Published 2022/02/07 at 10:15 am

Final Countdown to Registration Deadline

It's "THE FINAL COUNTDOWN"

Racer Ready

Last chance to register for the FMC & CMAC races at Stoneham, QC. The registration deadline is FIVE days away being Tuesday, 1 February 2022, at 23:59 EST. Racing begins on Wednesday, 9-Feb-22 through Sunday, 13-Feb-22, with SG training on Tuesday, 8-Feb-22.

Once again, to dispel any and all rumours, Stoneham has a full green light for ski racing and the QC province has started to announce that they will be relaxing some of their COVID-19 restrictions, including allowing restaurants to reopen at 50% capacity.

The FMC & CMAC are our premier Masters' events of the year; it is an opportunity to race on arguably the best courses you will see all year! Get that <u>registration</u> done today!!!

Questions & info: stonehamfis2022@gmail.com

Dave Nighswander | President

Published 2022/01/26 at 8:32 pm

STONEHAM 2022 - FIS MASTERS' CUP - CANADIAN MASTERS' ALPINE CHAMPIONSHIPS











GREEN LIGHT FROM QUEBEC GOVERNMENT

We have received the health protocol for running races in Quebec. We are expecting many of you with lots of fun!!!

Race Notice/Program

STONEHAM: 8-13 FEBRUARY 2022 REGISTRATION

FIS MASTERS' CUP = 6 races: 4 GS + 2 SL

CANADIAN MASTERS' ALPINE CHAMPIONSHIPS = 4 races: 2 SG + GS + SL

Questions & info: stonehamfis2022@gmail.com



Published 2022/01/13 at 11:28 am

Two additional QC races on National Calendar

Calling all QC Masters

Racer Ready!!!!

The Masters' <u>National Calendar</u> is updated to reflect TWO additional races in Quebec, and maybe more, to our current season.

It is not known at this time if and when there will be Série des Étoiles races at Tremblant, but there will definitely NOT be a race at Tremblant on Saturday, 22 January 2022.

For the first time in a long time, the Owl's Head Ski Club has announced a Masters' weekend event on 19-20 February 2022, with a 2-run GS on Saturday and a 2-run SL on Sunday. Registration is expected to be contact-free, thanks to their pending website registration page with an online payment facility.

Finally, a reminder that the Canadian Masters' Alpine Championships (CMAC) as well as six FIS Masters' Cup (FMC) races will be held from 8-13 February 2022, in Stoneham QC, and that a Master's FIS or National or Weekend card is required to participate. The <u>registration</u> deadline is 1-Feb-22 so don't delay and register today.

So far, the Owl's Head Ski Club remains the only ski club offering a Master's membership which conforms to SQA requirements; all QC racers wanting to purchase a Master's National card or a Master's FIS card, particularly for the Stoneham event, are encouraged to apply for membership, as this is a prerequisite to being able to purchase your actual Master's card from SQA (a weekend card for Stoneham doesn't require a club membership).

Lewis Heilig | Québec Masters' Representative

Published 2022/01/06 at 7:09 pm